# **IPSO** Newsletter

New Newsletter No. 4

December 2011

# IPSO news from around the world



"They said goodbye, but along with it, there was the welcome"

Mario Benedetti (1920-2009, Uruguay)

Dear Colleagues:

I have the great pleasure to introduce the first newsletter of a new IPSO Executive Committee. Every two years, some members of the Committee say goodbye, some others stay and others begin. This is a special and emotional moment where I find myself remembering and giving my thanks to those years shared with colleagues from the past Executive Committee: the President, Luisa Marino (Italy), the Vice-President from North America,

Drew Tillotson (USA), the Vice President from Europe, Eva Reichelt (Germany), the Vice President from Latin America, Adela Escardó (Peru) and our Editor-in-Chief, Denise Goldfajn (Brazil). Our time was filled with organizing IPSO events around the world, planning exchanges of the Visiting Candidate Program, fostering the participation of candidates within the IPA and especially, preparing for the Mexico Congress this past August. (You will find a detailed report of the Congress in our website: www.ipso-candidates.org.uk)

During the Mexico Congress, we elected new officers to the Executive Committee. Being the ones who assumed these positions, we have the responsibility of carrying out all the planning and organizing of IPSO activities and events. We inherited a focused organization with clear aims and objectives, composed by numerous

members. We continue to include analysts-in-training from countries and regions we never imagined reaching.

I celebrate this farewell and at the same time welcome, not without pain. IPSO is about exchanging, and while doing so, a thousand times we say hello and a thousand times we say goodbye. However, we keep in touch, stay connected, and as our network of colleagues grows, we feel we are not alone in doing the difficult task of becoming a psychoanalyst.

I hope that the reports of my colleagues give you an idea of how we are organized, and that you become enthusiastic for your institute to be involved with IPSO. IPSO is made up of

analysts-in-training at IPA institutes and follows the IPA's (Past and current Treasurer) Francisco Castellet y training criteria.

Before saying goodbye, I will introduce the new members of current President) Susana Muszkat, Robin our committee and express my ratitude to Deisy Boscan, Deutsch, Luisa Marino, Valeria Nader Sylvia Pupo and Holger Himmighoffen, who will assume the

Ballarà, Amelia Casas, William Glover (Past and

Vice Presidency for North America, Latin America and Europe, respectively. Amelia Casas, our Treasurer and Karina Gutierrez, our Administrative Secretary, will keep on working with us in the same positions. **Debra Zatz** (USA) - President-Elect: Debra is an advanced candidate from the New York Freudian Society, Washington, D.C. program and has a private practice in Dupont Circle, Washington, D.C. She is a Social Worker who graduated from Columbia University and has a special interest in "hard to treat patients". Anna Maria Hansjürgens (Hungary) - Vice-President-Elect for Europe: Anna is a Clinical Psychologist and candidate at the Hungarian Psychoanalytical Society. She has a private practice with adults in psychotherapy and psychoanalysis and she is a member of a post-graduate Clinical Psychology program at the Janus Pannonius at Pécs, Hungary. Her special interests are perinatal psychology and multilingual and public work on mental disorders. Marco Posadas (Canada) – Vice-President-Elect for North America: Marco is a psychotherapist in private practice in Toronto, and works at the AIDS Committee of Toronto as a counselor. He is a Social Worker with the Ontario College of Social Workers and Social Service Workers, and a licensed Psychologist in his native Mexico. Marco is a third year candidate at the

Toronto Institute of Psychoanalysis. Aura Lorenzo (Mexico) – Vice-President-Elect for Latin America:

Aura is a Psychologist who graduated from the Universidad Nacional Autónoma de México (UNAM), and has a Doctorate in Clinical Psychology from the Salamanca University, Spain, where she received a "Cum Laude" for her thesis about structure and personality organization as a predictor for eating disorders. She has finished the theoretical courses at the Psychoanalytic Institute of the Mexican Psychoanalytic Society Parque Mexico (SPM). Graciela Hoyos (Colombia) – Editor-in-Chief: Graciela is an advanced candidate at the Colombian Institute of Psychoanalysis (Sociedad Colombiana de Psicoanálisis). She works as a Clinical Psychologist at Fundación Valle del Lili Hospital where she attends her private practice in psychoanalytic psychotherapy and psychoanalysis with children, adolescents and adults with mood, anxiety and personality disorders. She is interested in the interface between psychoanalysis and psychology, philosophy and neurosciences. She is a member of the Institutional Review Board (IRB) at Fundación Valle del Lili.

Warm Regards and have nice holidays, valería Nader



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REPORT FROM TREASURER

**FDITOR'S REPORT** 

VISITING CANDIDATE **PROGRAMME** 

REPORT FROM THE SECRETARY



# Europe



Holger Himmighoffen



Anna Mária Hansjürgens

Dear IPSO Colleagues,

We would like to inform you about news and future events concerning IPSO in Europe.

During the IPSO Business Meeting at the IPSO/IPA Congress in Mexico City this August, Eva Reichelt left her position as IPSO Vice



President for Europe and passed it over to Holger Himmighoffen. Anna Mária Hansjürgens from Budapest, Hungary was elected to be the new Vice President-Elect for Europe. Eva's report on IPSO Europe at the Business Meeting highlighted two aspects: 1) Outreach and 2) Initiatives of European candidates from various countries (please see her report below).

We also want to let you know about the actual activities of the Visiting Candidate Program in Europe reported by Anna Mária.

Reichelt. Marco Posadas, Holger Himmighoffen, Luisa Marino at Candidates' Colloquium in London (3/4 Dec. 2011)

We want to carry forward the ideas and aims of IPSO in Europe, just as Eva and Holger did during the last two years. We also would like to thank Eva so much for her great commitment to IPSO, which will be well remembered amongst many IPSO members, and we wish her all the best for the future!

#### **News and Future Events in IPSO Europe**

# What are the tasks and issues that are ahead of us in IPSO Europe in the near future?

Of course we will continue the 'traditional' European IPSO events (IPSO program at the EPF Conference, IPSO European Meeting etc.) and hopefully develop, maintain and establish old and new initiatives (like the Visiting Candidate Program, the IPSO Study Day or the like) to support the international exchange of our members. With respect to new initiatives that could be supported by us, we welcome ideas and suggestions from our members!

Another task will be the preparation for the next IPSO/IPA Congress in the summer of 2013, which will take place in Prague, Czechoslovakia. Traditionally, the IPSO Vice President of the region in which the Congress will take place is a member of the Program Committee (PC). So, Holger will participate in the PC to represent the interests of IPSO members and candidates.

#### What are the next IPSO events in Europe in the first half of 2012?

- IPSO program at the annual EPF Conference, Paris/France, March 28-April 01, 2012
- "The Initial Interview and the Treatment Process" For information and registration please visit: http://www.epf-fep.eu/Public/ For detailed information on the IPSO program please write to: Holger Himmighoffen ipso-europe@ipso-candidates.org.uk
- 72e Congrès des Psychanalystes de Langue Francaise (CPLF) [72nd Congress of french-speaking Psychoanalysts], Bilbao/Spain May 17 to 20, 2012 Topic: ŒDIPE(S) For information and registration please visit/write to: www.spp.asso.fr and congres@spp.asso.fr There will be 4 parallel workshops co-organized by the IPSO Representatives (for candidates from IPA societies only) on Saturday May 19, 2012 at 12.30 h with the following training analysts: - Rafael Cruz Roche, Madrid (workshop in Spanish), - Anne Deburge and Eric Valentin, Paris (in French), - René Roussillon, Lyon (in French), - Geni Valle, AIPsi Rome (in French), To join these workshops and register please contact: Julie Augoyard - julieaugoyard@wanadoo.fr , Olivier Halimi halimi.olivier@orange.fr , Nora Niesen - <u>noraniesen@yahoo.fr</u> or Arlette Rizzo

arletterizzo@orange.fr Or at the APM (Madrid): Demian Ruvinsky - druvinster@gmail.com and • Outreach Felix Lalanne - felixlao@hotmail.com

- IPSO European Meeting 2012, Zagreb/Croatia, June 8-10, 2012
- **'Economic Crisis and Psychoanalysis'** For information and registration please write to the Local News and Future Events in Arrangements Committee: <a href="mailto:ipso2012zagreb@gmail.com">ipso2012zagreb@gmail.com</a>

As a 'non-IPSO' event of the Psychoanalytic Institute for Eastern Europe (P.I.E.E.) that might be of interest for candidates there is:

•The 13th Members' and Candidates' Seminar of the P.I.E.E. in Tallinn/Estonia, February 18-24, 2012: 'Basics in Psychoanalysis'

For information/registration please visit: <a href="http://www.hgp-piee.org/CandidatesSeminar/pages/">http://www.hgp-piee.org/CandidatesSeminar/pages/</a>

We are looking forward to meeting you at one of the next IPSO events!

Holger Himmighoffen,

Anna Máría Hansjürgens,

- Initiatives of European candidates
- **IPSO Europe**
- Eva Reichelt's report from **Europe at IPSO Business Meeting in Mexico 2011**
- IPSO VCP in Europe

## Eva Reichelt's Report from Europe at the IPSO Business Meeting August 2011 in Mexico City

What happened between2008 to 2011 in IPSO Europe?

I would like to focus on two points:

- 1) Outreach
- 2) Initiatives of European candidates from various countries

#### 1) Outreach

When I started my term as IPSO Vice President for Europe in December 2008, I realized that due to the historical situation there existed a split: IPSO was represented in most of the Western European countries but not in the Central and Eastern European countries. There we had IPSO members only in three Study Groups: In Moscow, in Bulgaria and Croatia. So, Holger Himmighoffen and I concentrated our energies to contact candidates in the Central and Eastern European Societies and to invite them to join IPSO. The first colleagues joining IPSO in 2009 were from Serbia, followed very soon by candidates from the Czech Republic. In February 2010, I attended the Winter Seminar of the PIEE (Psychoanalytic Institute for Eastern Europe), which then took place in Vilnius, Lithuania. Afterwards, candidates from Hungary, Romania, Ukraine, Georgia and some time later Poland became IPSO members. Candidates from other European Societies or Study Groups aside from Central and Eastern Europe recently joined IPSO: AIPsi (Italian Association of Psychoanalysis) and the Turkish Psychoanalytical Group, one of the two Study Groups in Turkey. There are still candidates from some European societies who haven't shown interest in becoming IPSO members, such as from the APF (Association Psychanalytique Française), which has analysts who are important psychoanalytical thinkers (like Jean Laplanche, Daniel Widlöcher and others). More than 200 candidates do their training in the APF. We met some of them, but so far only one candidate from the APF joined IPSO. Other European countries or Societies without IPSO representation are: Norway, the Baltic States, the region of St. Petersburg, Russia and 'Psike' Istanbul, the second Study Group in Turkey. In the IPSO world, Australia, India, South Africa, Israel and Lebanon also belong to Europe. Our contact with candidates from Israel and Lebanon is vivid. We have IPSO representatives (IPSO reps) in Australia and in India, but due to the geographical distance we have little exchange with these two countries. Up to now we have no contact with candidates from South Africa. I am telling you all this with the following hope: Should any of you have the possibility to meet a candidate from one of these "missing Societies", then just invite them to get to know and join IPSO!

2) As far as initiatives by European candidates are concerned, I would briefly like to explain:

Since the beginning of the 90's, it is a tradition that European candidates once a year organize the IPSO European Meeting from a Friday afternoon to a Sunday afternoon. This meeting is fully organized and arranged by candidates for candidates and provides exchange in a peer group situation – without training analysts. Each year we are invited by a different Society. The hosting candidates develop the topic for the meeting, send a call for papers, organize a conference location, accommodation, and the program schedule (often contributing the majority of papers), and – last but not least – arrange the IPSO dinner and dance party.

In 2010, we met in Barcelona, Spain, in 2011 we met in Belgrade, Serbia, and in 2012 we are invited to come to the beautiful city of Zagreb, Croatia (June 8-10, 2012).

In addition to the annual IPSO European Meeting, a new initiative in Europe has been invented by candidates: the format of an IPSO Study Day. In May 2009, candidates from the Paris Psychoanalytical Society (SPP) invited us to a Study day with an 'Introduction into French Psychoanalysis'.

In November 2010, we met again in Paris, i.e. about 60 candidates from 8 different countries. At this second Parisian Study day two French analysts - Haydee Faimberg and Jean-Luc Donnet - presented their concepts which were followed by three supervision

In February 2011, the candidates from the Italian Psychoanalytical Society (SPI) invited us to the wonderful city of Bologna, where two Italian analysts - Stefano Bolognini and Antonino Ferro - presented some of their ideas and offered supervisions.

In December 2011, we will meet in London for the next IPSO Study Day. Our IPSO representative from Tbilissi/Georgia had - in cooperation with her supervisor Paul Williams from British Psychoanalytical Society (BPAS) - developed the idea for this event, and we asked our candidate colleagues from London to take over the organization. On the first weekend in December we will meet in London with Paul Williams, Gregorio Kohon, Leon Kleimberg and Rosine Perelberg at the Candidates' Colloquium "On Clinical Challenges in Relation to Perverse Psychic Organisations and Severe Disturbance" at the

Institute of Psychoanalysis, London. Of course, all of these European meetings are open for Candidates' Colloquium in London (3/4 Dec. non-European IPSO members. We are curious about which other European societies will in- 2011 vite an IPSO Study Day to create an opportunity for insight into their art of conceptualizing and practising psychoanalysis.

Cohen, Paul Williams, Gregorio Rosine Perelberg and Leon Kleimberg (from left to right)

At the end, I would like to say that I am personally very thankful to Robin Deutsch and Barbara Strack van Schijndel-Garofoli, our previous IPSO President and Vice President from Europe, for asking me to become the IPSO Vice President-Elect for Europe in 2008. I have learned very much in these last two and a half years - mainly concerning intercultural networking in an international working group. IPSO offers unique possibilities of exchange in many respects. I am grateful that I could share two and a half years with the IPSO Executive Committee. Especially, I would like to thank Luisa Marino, our former IPSO president, for all she did for IPSO and for our ability to work together. I would also like to thank Holger Himmighoffen for a very fruitful experience of working together.

Now I am looking forward to having more leisure time – and to be able to take part in IPSO meetings just as an ordinary candidate, before I'll hopefully finish my training at the end of next year. To Holger and the new Vice President – Elect for Europe, I wish you the best of luck, and extend this to the rest of the team. I hope you will succeed and above all have FUN working for and with IPSO! Eva Reichelt

## IPSO Visiting Candidate Program (VCP) in Europe

In the first part of my term at IPSO, I have been very busy. Beginning this job meant meeting some people for the first time and saying good bye to them at the same time.

My task as VP elect is to organize the Visiting Candidate Program (VCP) for those who are from European psychoanalytical institutes and want to visit institutes in other regions, or for those candidates coming from elsewhere to an institute in Europe. At the moment, I have 8 candidates in my portfolio concerning Europe for the VCP.

#### VCP in Europe September 2011 - Summer 2012

In October 2011, Esther Horn from Stuttgart, Germany visited the Institute for Psychoanalytic Education (IPE) in New York, USA. I had a brief note from Susan Fine (New York) that the visit was a fruitful exchange all around. Esther sat in on institute classes, had two supervision sessions, had dinner with candidates from IPE and one other institute and attended psychoanalytically-oriented lectures. Tamara Gittelson from Seattle, USA, spent one week at the British Psychoanalytical Society (BPAS), in London, UK. In November 2011, Susan Baxt from Ottawa, Canada (Canadian Psychoanalytical Society) was hosted by the BPAS in London. For February, Elena Tomasel from Porto Alegre, Brazil, is planning to visit Bologna, Italy and Graciela del Lujan from Buenos Aires, Argentina will go to Barcelona, Spain. Ursula Worsch from Giessen, Germany will be hosted by the San Francisco Psychoanalytic Institute and Society, USA. In May, Karine Kau from Munich, Germany will visit Paris. Tiago Crestana from Porto Alegre, Brazil is planning his visit to London, UK in summer 2012.

Anna Máría Hansjürgens

Holger Himmighoffen IPSO Vice President for Europe, Anna Mária Hansjürgens IPSO Vice President-elect for Europe - IPSO-Europe@ipso.candidates.org.uk

# Latin America



Dear friends,

Since the Mexico Congress this past August, I have the pleasure to assume the office as Latin America Vice President and will be working with the cooperation of Aura Lorenzo from Mexico, the new Latin America VP- Elect, who will replace me in 2 years.

I would like to tell you about IPSO LA activities in this last month of 2011 and give you a slight overview of next year's.

Sylvia Pupo

## Mexico Congress (Aug 3-8)

Still with the spirit of infatuation, I had to take some time trying to organize so many intense experiences from the IPSO Congress in Mexico City this past August.



Vincenzo Bonaminio Supervision

It was an immense pleasure to be responsible for organizing the Supervisions with Senior Analysts, in which we had the chance to enjoy the clinical thinking of Drs. Bonaminio, Marucco, Bernardi and Pyles. Also, the richness of the OCAL-IPSO cross clinical discussion, with clinical material offered by Constanza Aranguren from Sociedad Colombiana de Psicoanálisis, Colombia, with comments from Dr. Jhuma Basak, training analyst from the Indian Society, and Deisy Boscán, IPSO North American VP, from California. Besides the rich exchange of clinical views and great learning from their experience, the holding atmosphere of the encounters was really unforgettable. I would like to thank all the presenters and chairs for their

professionalism and for being a stimulating presence in the debates. We can tell by the amount of emails exchanged how significant this experience was, regarding the effort to "translate" and to accommodate the "other" in order to communicate, as we do in our job as psychoanalysts.

This was also the main "motif" chosen for our IPSO Forum subject: Multicultural Perspectives on Frame, Setting and Ethics during which we could discuss each one's experiences, conceptions and cultural biases regarding what is expected by analysts in some cultures more than in others.

Another privilege was listening to Dr Marcelo Viñar from APU (Uruguayan Psychoanalytical Society) and being mesmerized by his story telling way of talking about deep social concerns. He said, "To live, we have to go through a disavowal process in order to tolerate all of the violence in the world". He spoke about the need for social compromise, the need for non-abusive ethics and that Psychoanalysis no longer has to do just with infantile sexuality but with the human being in society. He underscored the importance of the Psychoanalyst as a social agent.





Last but not least, the fiesta Mexicana! We would like to thank the Mexican candidates Marcelo Viñar and candidates for taking time during their busy schedules to join us and to welcome us to their country in such a lively and caring way. I wish to thank Aura Lorenzo for her availability and for coordinating the Local Arrangements Committee, and Gabriel Hernandez, President of PSIMEF – Mexico Candidate Association, for his vivid interest and help. The great connections I made and renewed and my whole transforming congress experience, makes me wish for more. I hope to see you in Prague 2013!

Argentina – Buenos Aires. On Sep 2<sup>nd</sup>, the Second Candidates' Meeting of the Institutes of Buenos Aires, took place in collaboration with OCAL and IPSO. There was a series of three encounters with candidates from each of the three Argentinean Societies presenting and discussing clinical material.

This time the meeting took place at APA (Argentinean Psychoanalytical Association), welcomed by Diego Luparello, one of the organizers and the IPSO Representatives there, with an interesting clinical presentation by Maria Angelica Pacheco, from APA, and vivid and thoughtful comments from Patricia Abas de Mirochnik ,SAP, M. Natalia Barrionuevo, Cordoba Society y Veronica Dias de

APde BA, as well as from the audience. Chairing this exchange we had Natalia Mirza from OCAPU (Uruguay). This was my second meeting attended and it was another opportunity to share our thoughts with the Argentinean and South American candidates while we enjoyed their beautiful capital.

The last of the 3 Encuentros took place on November 12 at SAP (Argentinean Society of Psychoanalysis) and had as guest commentators Valeria Nader, IPSO President, from Rosario, Gretel Windaus, IPSO Rep from APA, and Jorge Corbelle from APdeBA. The clinical material was presented by Constanza Duhalde from SAP and chaired by Israel Katz, former IPSO Editor while he was participating in the Visiting Candidate Program from California.

d,

This great initiative of exchange and psychoanalytical coexistence should be an example to be followed.

#### • Brazilian Congress of Psychoanalysis

The Brazilian Federation of Psychoanalysis (FEBRAPSI) held its XXIII Psychoanalytic Conference in the charming city of Ribeirão Preto, in São Paulo's countryside, from Sep 7–10. The thematic axis "Limits - Pleasure and Reality" allowed and stimulated the high level of the scientific discussions in a warm and friendly atmosphere.

One important innovation was the inclusion of the Candidates' Conference at the core of the congress, instead of it taking place a day earlier. This allowed both analysts and candidates to attend the discussions concerning issues related to training. I took part at these meetings. The subject was: the cost of analysis and the "didactic function." It was largely debated, among other topics.

IPSO made itself present by the words of Susana Muszkat, our former president, in a forum with Rita Melo, OCAL's president, about candidate's institutional participation. As Latin American VP, I have chaired a very interesting discussion on the subject with an active participation of analysts and candidates from the audience.

Carlos Eduardo Teixeira de Sousa, candidate and IPSO Rep for the Psychoanalytical Society of Rio de Janeiro (SPRJ), presented a very touching paper called "Emotional and Financial Investment and Demands of the Analytical Training," that voiced many of our concerns as candidates.

A very fruitful exchange, started in Mexico, was the re-encounter with Telma de Barros, Brazilian analyst, coordinator and outreach director of the ILAP Schools (Latin American Institute of Psychoanalysis) who also took part in workshops and clinical discussions in the Brazilian congress. We talked about the possibility of our ILAP colleagues joining IPSO, especially through experiencing the VCP program. This would be an opportunity to have contact with more fellow candidates around the world. ILAP is a fascinating project of very dedicated people. We hope to be able to visit one of their schools soon. (<a href="https://www.ilap.org.uy">www.ilap.org.uy</a>)

After long days of hard work, it was a delight to enjoy the many cozy places around and the excellent draft beer in the warm temperatures of the city! **Ribeirão Preto** 

On November 22<sup>nd</sup>, the first IPSO/OCAL/ABC Forum was held in Ribeirão Preto, São Paulo, Brazil. This forum was organized by Luciano Bonfante, Candidate Association President and also IPSO Rep, to meet the demand for more information about national and international candidate participation. Luciana Torrano, President of the ABC, (Brazilian Candidate Association), informed us that soon the organization will change its name to Brazilian Analysts-in-Training Association (ABRAF).

It was a lively morning of exchange and presentations of each one's programs. The IPSO Visiting Candidate Program raised great interest and questions from the audience. We got a beautiful poetry book as a delicate souvenir from the event. Following the "Bonfante model" we are planning other encounters in Porto Alegre, Brasilia and São Paulo in 2012. How about at your place?

#### Rio de Janeiro

On November 24-25<sup>th</sup>, the Brazilian Psychoanalytical Society of Rio de Janeiro (SBPRJ) took place at the Internal Symposium with the topic "Transitivity", based on Freud´s short text about valuating things based on their scarcity and the ability to enjoy what´s transient.

Kindly invited by their Candidate Association President, Isabel Pessoa, and the Director of their Society, Celmy Araripe, I took part again, along with Rita Melo, OCAL's President, in another presentation of our organizations and enthusiasm for the job. As I was describing the participation of their institute in the VCP, they were surprised, willing to take part, and begin using it soon. I'd like to thank Wania Cidade for her warm chairing of our discussion and Celmy Araripe for her liveliness and interest.

Denise Goldfajn, our former IPSO Editor-In-Chief, presented a beautiful paper, "Connecting the Dots: Steve Jobs - Freud: the Pragmatics of Human Transitivity", that beautifully highlighted common aspects of Jobs' famous speech and his and Freud's relation with finitude, and also a clinical vignette on the subject. Eduardo Coutinho, IPSO Rep from another Society, SPRJ, was also there, following the true IPSO spirit of *learning from differences*. Maybe you can create an IPSO event with all the Societies in Rio.

We encourage every IPSO representative to create a local event. We will assist you in anything we can.

Please consult our webpage on "About being an IPSO rep.", and dare!

All the best,

Sylvia Pupo Netto

Dear Colleagues,

The last IPA Congress held in Mexico was a very pleasant experience for me. As the Coordinator of the Local Arrangements Committee, I had the opportunity to exchange interpersonally with candidates of different nationalities and also with the IPSO Executive Committee.

Now I have the task of building bridges, promoting and organizing exchanges and making the diffusion of IPSO events for candidates by being elected Vice President-Elect (VP-Elect) for Latin America. In the last 3 months, since I was elected, I have been learning how things work in IPSO.

As VP-Elect I am in charge of one of the most successful programs, the Visiting Candidate Program (VCP) of my region, as it brings closeness and promotes openness to the world of psychoanalysis, and enables the participants to compare, learn and value culturally different aspects of our profession.



Aura Lorenzo

I want to inform that Patricia Cabianca Gazire from São Paulo, SBPS, attended seminars and supervisions for 2 weeks in May at the Paris Psychoanalytical Society. Graciela de Luján from APdeBA, Buenos Aires, Argentina, Aurora Roman from APM Mexico, Ellena Tomasel and Thiago Crestana from Porto Alegre, Brazil are the next ones from L.A. to benefit from the program next year.

Thanks to our IPSO Representatives: Demian Rubinsky from the Madrilenian Society of Psychoanalysis, Susan Fine from the Institute for Psychoanalytic Education affiliated with NYU School of Medicine in New York, Armelle Hours and Claudie Dufétel from Paris, and to our Vice President-Elects from North America, Marco Posadas, and Europe, Anna Mária Hansjürgens, for their help in making it possible for candidates to go abroad for this educating experience.

Another task to which I have dedicated my time to is encouraging other institutes to join the VCP. Ready to receive candidates in Mexico, the Institute of Mexican Psychoanalytic Society Parque Mexico (SPM) is now included in the VCP list. Welcome to the program!

With great enthusiasm, an academic exchange has begun between the candidates of the 3 Societies in Mexico City and candidates of ILAP: SPM, APM, AMPIEP and Guillermo Ruano (ILAP). IPSO hopes to share a fruitful collaboration with them.

Another thing I have been working on is updating the list of IPSO Representatives and Presidents of Candidate Associations. We have welcomed our new Reps: Cristina Rizo of the Psychoanalytic Association of Guadalajara, Elizabeth Haworth of The Peruvian Society of Psychoanalysis, Constanza Aranguren from the Colombian Institute of Psychoanalysis, Rodrigo Hernández Castro from the Regiomontana Association of Psychoanalysis (ARPAC), and Michael Harald Achatz from São Paulo, Brazil (SBPSP).

#### **Upcoming events:**

Latin America has a large area, ranging from Mexico to Chile and Argentina. Many times it could be difficult going abroad to learn other psychoanalytic ways of working, but maybe we can organize IPSO events in our countries and invite candidates from others and open our minds. It is our aim to organize events covering the regions of México-Centroamérica to gather candidates from all parts of Latin America. We will also work to include candidates from Spain and Portugal in Latin American events.

Before closing, I would like to highlight the work of the Vice President of Latin America, Sylvia Pupo, who is active and restless, full of projects and activities for IPSO candidates, from whom I learn every day, how to improve my participation in IPSO: Thanks Sylvia, for your example and enthusiasm.

Aura Lorenzo

Sylvia Pupo Netto Vice President for Latin America, Aura Lorenzo Vice President Elect for Latin America IPSO-Latin America@ipso-candidates.org.uk

# **North America**



Deisy Boscán

As Vice President-Elect for North America in 2011, I was able to work on the Visiting Candidate Program (VCP) and witnessed my institute, the San Diego Psychoanalytic Society and Institute (SDPSI) to become a participating institute for the VCP program. We are glad to see the growing interest in participation in the VCP among the other Californian Institutes as well. As for the candidates exchange, we had several candidates from other regions visiting American Psychoanalytic Institutes and also candidates from our region visiting European or Latin American Institutes. From now on Marco Posadas will continue with the VCP.

One of the goals for my term as Vice President is to strengthen the relationship between IPSO and the Candidate Members of the American Psychoanalytic Association (ApsaA). I would also like for IPSO-North America to have their third American event and for this to take place, I am counting with the help and cooperation of my North America counterparts.

Regarding to programmed IPSO events in 2012, I would like to inform you about the IPSO Discussion Group on International Perspectives in Psychoanalysis: 'I need you, but I'm scared to be dependent on you': Clinical and theoretical considerations on a patient with a 'heterogeneous' structure presented by Holger Himmighoffen, M.D. (Zurich, CH), with the participation of Susan Fine, Psy.D (New York, NY), Amelia Casas (Lima, Peru), Anna Mária Hansjürgens, M.A. (Budapest, HU) as discussants and Deisy C. Boscan, Ph.D. (San Diego, CA) as chair. This will take place Wednesday 11<sup>th</sup> January 2012 in New York City. We hope you can join us!

# Deisy Boscan

It has been a very exciting time for the Visiting Candidate Program in North America during 2011. We had several candidates visiting psychoanalytic institutes all over the world during October, November and December this year.

Esther Horn from Stuttgart, Germany visited the Institute of Psychoanalytic Education (IPE) in New York at the end of October. Israel Katz from San Francisco visited the Asociación Psicoanalítica Argentina (APA) in Buenos Aires during the first two weeks of November. Finally, from Ottawa in Canada, Susan Baxt and Tamara Gittelson from the U.S. visited the institute of the British Psychoanalytical Society (BPAS) in London during November, 2011.

Special thanks to everyone involved in making this happen; Susan Fine IPSO Rep for IPE in New York, Diego Luparello IPSO Rep for APA in Buenos Aires, and Tomasz Fortuna IPSO Rep for the BPAS in London. Thank you so much for your commitment and support of the Visiting Candidate Program and with candidates all over the world.



Marco Posadas

In other news, I would like to give you the heads up about a couple of events that are happening in North America where candidates are more than welcome. First, NAPsaC (North American Psychoanalytic Confederation) Clinical Working Parties where we are working hard with the planning committee to have an all candidate working party. This event will be held during March 3<sup>rd</sup> and 4<sup>th</sup>, 2012 at the New York Psychoanalytic Society and Institute, co-sponsored by the New York Freudian Society. For more information go to <a href="http://www.sf-cp.org/clinical-working-parties.html">http://www.sf-cp.org/clinical-working-parties.html</a>

Second is the Canadian Psychoanalytic Society 38<sup>th</sup> Congress in Montreal, Canada May 31 to June 3, 2012. The keynote address will be "Dreams That Turn a Page" presented by Dr. Jean-Michel Quinodoz, and an outreach address called "Ageing: A Psychoanalytic Voyage to Self-Discovery" Presented by Dr. Danielle Quinodoz. For more information please go to <a href="http://www.ipa.org.uk/Dev/tests/Events.php?event1D=7005">http://www.ipa.org.uk/Dev/tests/Events.php?event1D=7005</a> Stay tuned.

Marco Posadas

Deisy Boscán-Vice President for North America, Marco Posadas Vice President Elect for North America IPSO-NorthAmerica@ipso-candidates.org.uk

# **Treasurer's Report**

#### **UBUNTU'S PRINCIPLE**

The word Ubuntu comes from the Zulu language, of southern Africa. Surprisingly, it is not just a word, but also an ethic, and a humanistic philosophy. From my point of view, it has a lot in common both with theoretical psychoanalytical principles and with the targets that rule IPSO as an Organization.

Ubuntu comes from the Zulu proverb: 'umuntu ngumuntu ngabantu', which means: "A human being becomes a human being through another human being", or in the words of Dick de Groot, a Dutch teacher, "We are who we are because we are seen, because the people around us respect us, and recognizes us as a person".



**Amelia Casas** 

De Groot (2007) explains that when two people who share the Ubuntu Principle meet, one of them says: "Sawu bona", which means "I see you", and the other answers: "Sikhona", meaning "Here I am".

Some years ago, when I started my training at the Institute (in Peru), I became a very active member of OCAL (Latin American Candidate Organization). One of my classmates asked me why I devoted so much time to candidate activities. Then she said: "Of course, since you are not from here (I am Colombian) it is important for you to feel you belong".

Her comment struck me. Nonetheless, at this point of my life I feel I could not agree more with her. It has been thanks to my personal situation, my need "to see myself in others", that I have been able to strengthen myself as a person and to build my analytic self. Being part of IPSO and OCAL has been crucial for it.

I could only reach this insight when I came back, in August this year, from Mexico's IPSO/IPA Congress. The enormous amount of candidates from all over the world attending the Congress (over 200 people) was astonishing, the warmth we received from all Mexican candidates, indescribable, and among all I felt deeply struck by the way candidates from all over the world "greeted and look at each other, when we finally met". The Ubuntu greeting was circulating in every room, in every meeting, in every social gathering: "I am so glad I can finally see you, I am.... We have been emailing each other for so long!!!!"

In the actual world, geographical barriers are diluted, thanks to the internet and social networks, academic interests have brought us together, so now we can almost be classmates by internet, and thanks to the Congresses, meetings, programs, and activities sponsored by Organizations like IPSO, OCAL, EPF, ILAP and PIEE we bring alive the Ubuntu principle: "We build ourselves as we can see ourselves reflected in others".

Groups and the group experiences end up being, once again, a fundamental dimension of our becoming analysts.

The Cartesian Principle, "I think therefore I exist" is understood in Africa as, "I become because we exist". Allow me to suggest this as IPSO's principle as well. There is no better way to prove it then to see our numbers.

#### **IPSO's MEMBERS BY YEAR**

IPA's Regions	IPA -2010	IPSO -2009	IPSO -2010	IPSO -2011*
Latin America	1553	548	583	561
North America	933	510	679	448
Europe	1940	925	1291	1138
Total	4426	1983	2553	2147

\*By July 2011



\*By July 2011

As you can see, our membership has increased every year. THANKS TO YOU, candidates and IPSO's Representatives at each Institute and country and candidate organization's Treasurers. You all bring the IPSO spirit alive every day in every IPSO Institute around the world.

A quote by De Groot is very suggestive: "For an individual it is very important to achieve new knowledge and to develop new abilities, but what really matters is the inspiration, the stimulus, the imagination, the challenges, to favor self confidence, to give responsibilities, as well as to offer opportunities to learn how to make choices. All of these values can only be achieved in a community context".

We at IPSO believe in this. Thus we have set ourselves a new goal: to bring all of IPA's candidates to our organization so we can learn from each other as we share the events and programs developed and sponsored by IPSO. Here is our goal in terms of numbers:

By IPA's Regions	IPA -2010	IPSO -2011*	NO IPSO-2011
Latinamerica	1553	561	992
Northamerica	933	448	485
Europe	1940	1138	802
Total	4426	2147	2279

\*By July 2011



\*By July 2011

We invite you once more to help us with this. Let's look forward to the day, soon, when we can say to each other: UBUNTU! Happy Holidays and all the best to each one of you in the forthcoming year!!!!

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Amelia Casas IPSO Treasurer <a href="mailto:ipso-treasurer@ipso-candidates.org.uk">ipso-treasurer@ipso-candidates.org.uk</a>

# Report from the Editor



Dear Colleagues and Readers,

As you have probably already noticed from our colleagues' reports, we are finishing a very active year in the IPSO community. This is the first of four newsletters under my wing as Editor-in-Chief, during a term that will be over in Prague 2013. I hope you have found this one interesting.

Graciela Hovos

From now on, I will refer to my work in plural due to the impossibility of any progress without the constant help of Karina Gutierrez, our Administrative Secretary, who works

permanently with me in this area, and also, our colleague from New York, Susan Fine, who kindly accepted to join the Editorial Board. Thank you Karina and Susan for your cooperation!

As for the Editorial task during this semester, our efforts have been focused on the ongoing development of the website. The website (<a href="www.ipso-candidates.org.uk">www.ipso-candidates.org.uk</a>) was created for our organization thanks to the hard work of the former Executive Committee, especially it's Editor, Denise Goldfajn. I would like to take the opportunity to show my gratitude to Denise for all her support. She has given me the necessary tools and knowledge for the job as the new IPSO Editor. Thank You!

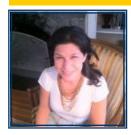
For the next two years, our aim is to make the website a place where we can effectively let visitors know how IPSO works as an organization, about its bylaws, and what the benefits are for IPSO members. Among the contents, you will find the description of the Visiting Candidate Program (VCP) and its participating Institutes, a calendar of activities that will keep you informed about IPSO academic encounters and activities, the IPSO Journal and Newsletter archives, and the possibility to subscribe to the candidate group discussion in English, Spanish, French, Deutsch, Portuguese and Italian.

Since our goal is to offer you current information about IPSO activities and its participants in every region, we invite you to send your comments about the newsletter and the website to <a href="mailto:ipso-editor@ipso-candidates.org.uk">ipso-editor@ipso-candidates.org.uk</a>

Warmly, Gracíela Hoyos

Graciela Hoyos, Editor-in-chief: ipso-editor@ipso-candidates.org.uk

# VISITING CANDIDATE PROGRAM (VCP)



Debra Zatz

It has been a very active time for the Visiting Candidate Program. Since August, three institutes have been added to the list: Barcelona Institute of Psychoanalysis (Barcelona, Spain), Hungarian Psychoanalytical Society - Magyar Pszichoanalitikus Egyesület (Budapest, Hungary) and Institute of the Mexican Psychoanalytic Society Parque Mexico (Mexico City, Mexico). In addition, we have had many visits and applications for upcoming visits. There are currently eleven visits that have either just taken place, are scheduled to take place or are in the planning phase. The Vice President Elects from each region: Aura, Anna Mária and Marco, are working very hard to help facilitate smooth experiences for the visiting candidates with the IPSO Representatives at the Host Institutes. It really does bring together the many facets of IPSO to be involved in the VCP. The reps are actually working actively with candidates from other institutes around the world. It is not only a gratifying and deep learning experience for the visitor, but also for the candidates and members of the hosting institute, as they too have the exposure to a culturally and very often theoretically different psychoanalytic candidate. On behalf of the "elects" I think I can say that we are very proud to be involved at this level to literally put into place learning and sharing experiences around the world.

If any of you are interested, please write to us!!

Sincerely,

Debbie Zatz,

Debra Zatz IPSO Vice President-elect <a href="mailto:ipso-presidentelect@ipso-candidates.org.uk">ipso-presidentelect@ipso-candidates.org.uk</a>

# **MEET UP FOR AN IPSO CAFFEE - Special Report**

IPSO CAFFEE or IPSO Candidates' Activity For Free Express Exchange is an opportunity to be in touch with candidates and psychoanalysts all around the world. In the words of our President Valeria Nader, "Anytime you travel to another city for academic, tourist, or family reasons, you can meet a colleague and have an IPSO CAFFEE. You can keep on knowing psychoanalysis through the 'eyes' of a colleague." This time, our former VP for Europe, Eva Reichelt from Berlin shares her experience meeting the analyst Rafah Nached from Syria in 2007.

#### **Rafah Nached**

During my holidays in Syria in spring 2007, the Italian abbot of the monastery, Deir Mar Musa in the Syrian desert told me about the first female psychoanalyst in Syria, Rafah Nached, and how much he appreciated Rafah's work for psychically suffering Syrians. He gave me her phone number and encouraged me to call her. She and I then met in Damascus for a coffee. Rafah Nached, now about 66 years old, told me that she studied psychology in Paris, France, and had her own psychoanalysis there. She was not a member of an IPA society. She told me that she was always interested in intercultural exchange and in implementing psychoanalysis in the Arab world. She herself as a Muslim was committed to a peaceful coexistence of Syrians of all ethnical and religious origins. She couldn't work openly as a psychoanalyst in Syria since this was seen as suspicious activity in a socialist country. But she told me that despite of these legal difficulties there were many patients who wanted to have sessions with her.



Rafah Nached

Rafah Nached was arrested on Saturday, September 10, at 1.30 a.m. local time at the airport of Damascus by Syrian intelligence services and was kept detained in the womens' prison at Damascus until November 16, 2011. As <a href="https://www.oedipe.org">www.oedipe.org</a> (a website about psychoanalysis in France) informed, "Her professional engagement has always been of a scientific and humanitarian nature". On September 14, 2011, she was accused of "suspicious activities destabilizing the state of Syria" (oedipe).

There was a huge international solidarity movement for her with several petitions, among others by the European Parliament. In Paris, a psychoanalysts' flash-mob was organized in October <a href="http://www.youtube.com/watch?v=D2XCf6izgjk&feature=related">http://www.youtube.com/watch?v=D2XCf6izgjk&feature=related</a>.

I wrote an email to Rafah Nached but didn't get an answer yet. According to a news agency report, she is physically well. Of course, I hope that she will recover from more than two months in prison and will be able to attend the conference of the European Psychoanalytical Federation in Paris in spring 2012.

Eva Reichelt, Berlin, Germany

Former Vice President for Europe

# **Report from Secretary**



Karina Gutierrez

We work continuously to maintain the database as up to date as possible. It is important that you send us any changes to your contact details, in particular your email address which is the most used at present times. You can opt to keep the email address for our records only if you do not wish to have it published in the roster. There are important announces sent by email and some of them are also published in our website <a href="www.ipso-candidates.org.uk">www.ipso-candidates.org.uk</a>, please note that some of the pages are restricted to IPSO Members and you need a login and password to access them, you can contact me on <a href="IPSO-Mail@ipso-candidates.org.uk">IPSO-Mail@ipso-candidates.org.uk</a> if you need a reminder of this data.

One of our membership benefits is the discounted subscription to PEP web (Psychoanalytic Electronic Publishing) as you may know, it is important that your dues are up to date to obtain the discount and it must be requested from us on this address IPSO-Mail@ipso-candidates.org.uk

Lastly I would like to remind our REPS in each Institute to send us the list of emails and current candidates when dues are transferred/paid into our account. More details about dues is available from the Vice President in your region or our Treasurer.

Warm wishes, Karina Gutierrez

Karina Gutierrez IPSO Administrative Secretary IPSO-Mail@ipso-candidates.org.uk

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