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December 2015

#### **Newsletter No12**

### President's Introduction -IPSO around the world



Dear Colleagues

I'm glad to present you the second IPSO Newsletter in 2015, which is the first one of the new IPSO Executive Committee (ExCom) after the elections and changes at the IPSO/IPA-Congress in Boston July this year. With the IPSO Newsletter we would like to give you some impressions and news about the activities of IPSO in its three regions Europe, Latin America and North America in the past six months. We also want to inform you about the events and activities of IPSO in the coming year.

The 23rd IPSO Congress "Becoming an Analyst in a Changing World: Theory & Technique - Diversity - Culture - Technology" in conjunction with the 49th IPA Congress "Changing World" from July 22-25, 2015 in Boston had a huge participation of candidates from all over the world.

The IPSO program included many interesting paper and case presentations, supervisions with

senior psychoanalysts, IPSO forums, panels and working parties including the IPSO Writing Award panels. As always, a wonderful IPSO party, which this time took place on a boat cruising along the Boston Harbour, helped us to meet one another on a social level to have fun, to dance and to relax. We would like to thank everyone in the Boston Organizing Committee who made this intellectually and socially enriching experience possible for us. Some ExCom members left the ExCom in Boston due to the end of their term and I would like to thank them again very much for their engagement and enthusiasm for IPSO over the last years: Debra Zatz, Marco Posadas, Aura Lorenzo, Anna Maria Hansjürgens and Amelia Casas, who was the interim treasurer in the first half of 2015. We now have new members in the ExCom, which were elected in the IPSO Business Meeting in Boston: Leonardo Siqueira Araújo from Brazil (President Elect), Nergis Güleç from Turkey (Vice President Elect Europe), Hanna Ratjen from Canada (Vice President Elect North America), Giuliana Rivera from Peru (Vice President Elect Latin America), Davide Rosso from Italy (Treasurer) and Marielle Kellermann-Barbosa from Brazil (Editor), who already had held the office of the



Editor after our former Editor Tomas Rektor had resigned in autumn 2014. After Boston – by the end of September – to all our regret, Sergio Anastasia, the Vice President for Europe, had to resign from his office due to personal reasons. So, Nergis Güleç took over the office of the Vice President for Europe. We would like to thank Sergio very much for his commitment to IPSO over the last two years and wish him all the best in the future.

IPSO's main objective is to facilitate international and interregional exchange of analysts in training, which is an important part of the psychoanalytical training in addition to the tripartite essentials of psychoanalytic training that are in place today – training analysis, theoretical instruction and treatment of analysands under supervision. From the perspective of IPSO and its members it's self-evident to see participation in IPSO as an essential fourth part of psychoanalytical training, which doesn't seem to be the case for many of our fellow candidates. You have to be aware that only half of all IPA candidates worldwide are IPSO members. Interestingly, Stefano Bolognini spoke in a letter in May 2014 to the IPA members about the 'quadripartite model of the training', which is correspondent to the IPSO experience.

The atmosphere of IPSO meetings is more free of anxiety allowing more openness and thus furthering exchange; there's less 'rivalry' amongst candidates, less 'obligation' and 'entanglement' because in the IPSO context the question of the dependence from teaching analysts (e.g. in the personal analysis, in supervision, seminars etc.) is not of importance. It's the horizontal peer group structure of IPSO and the participation of candidates from different institutes and regions which provides an environment that is more detached from the vertical and hierarchical structure and "Oedipal" bonds that inevitably exist inside an institute. IPSO intends to allow a space for the discovery of varied clinical experiences from the different parts of the psychoanalytical world and aims at enriching the training and development of analysts. We think that IPSO should keep this special atmosphere and stay open for initiatives of their members to enrich their development as psychoanalysts.

I'd like to thank Nergis, Kathryn and Hanna, Isabel and Giuliana, Leonardo, Davide, and Marielle for their reports and work as they reflect a lot of how active the IPSO members are and how fruitful their exchange can be.

I would like to say a special thanks to Karina, who since 2009 is the IPSO Secretary now. She will change to a different function within the IPA office in January 2016. Her work on administrative tasks concerning IPSO was so important and it was great pleasure to work with her over the last years that it is really difficult to see how she can be replaced. We wish her all the best for the future!

Warmly,

Holger Himmighoffen

For more information about IPSO, please check our Website: www.ipso-candidates.org.uk





# **Europe**



Dear Colleagues,

This is my first time writing as the IPSO Vice President for Europe and I am very excited. After the elections at the Boston Congress, I was going to be the Vice President-Elect for Europe, learning what this position requires from Sergio Anastasia, who had become the new Vice President when Anna Maria Hansjuergens had completed her office. Unfortunately Sergio Anastasia had to resign, and I took this position much earlier than I expected... I miss them both very

much and their wonderful, efficient work together. I also regret the fact that I won't have the opportunity to work with them and learn from them. But I also feel their support, as well as everyone's support in the IPSO ExCom, which will enable me to fulfill this position in the best possible way. So I am sure it is going to be a nice, productive journey.

As you all know, the 23rd IPSO Congress Becoming an Analyst in a Changing World: Theory & Technique- Diversity - Culture - Technology in conjunction with the 49th IPA Congress "Changing World" from July 22-25, 2015 in Boston, took place with a huge participation of candidates from all over the world. It was such a big conference that it was quite hard to decide which session to attend among such interesting presentations and productive discussions. It was once again a very rich experience to meet and exchange with colleagues from different parts of the world.

After Boston, in Europe we had the 21st IPSO European Meeting in Lisbon "Between Realities" in November 6-8, 2015.



Lisbon greeted us with an exceptionally beautiful weather and warmth. Despite the wonderful weather, we did manage to stay indoors and concentrate on the theme of the meeting. Many interesting papers and cases on the subject were presented, including a presentation titled, "Between Realities of Expression -Music and Psychoanalysis". This presentation was performed by Joao Kasper, who is a musician, music producer for electronic and dance music and also a psychologist, and Isilda Sanches, a journalist, who is specialized on electronic and dance music. It was very interesting to see how productive it can be to come together with professionals from different fields. Then, there was a very interesting paper presentation on the topic, "Who referred the patient and why does it matter?" by Teresa Abreu and Csongor Juhos from Lisbon, which raised a lot of questions on the psychoanalytical training including supervision in the different psychoanalytical societies in Europe and other regions. We also had a fruitful exchange on IPSO with a presentation by Holger Himmighoffen (IPSO President) on "What is IPSO?, followed by a discussion with the audience about "What IPSO could be", with my participation, Davide Rosso (IPSO Treasurer), Artur Sousa and Nadja Troeger, the Portuguese IPSO Representative. It became clear that we needed further exchanges to get an idea about what

psychoanalytical candidates are actually concerned about, and what they need to successfully complete their training in becoming analysts. We also had the opportunity to talk openly about the present situation of our trainings, the possible ways to improve it and new projects to think about. The crucial question is how we can develop IPSO further in the best interest of our members? We would like to thank the organizing committee in Lisbon (Artur Sousa, Nadja Troeger, Alexandra Coimbra, Rui Bento and Csongor Juhos) for their wonderful work, warmth and hospitality.

Soon we will have new upcoming meetings so it is important for you to *save these dates* 

We will first have the IPSO Program at 29th EPF Annual Conference '¿Authority?' in March 16-20, 2016 in Berlin. The IPSO program, which is open not only to IPSO members but all candidates of IPA institutes, will start on Wednesday afternoon with Haydee Faimberg's workshop and continue with its opening plenary, paper presentation and four IPSO supervisions throughout the conference. The IPSO Workshop with the 'Listening to listening' discussing method (chaired by Haydée Faimberg and co-moderated by Dieter Bürgin) on Wednesday, March 16, 2016 will be open for candidates and recently graduated members.

As always, the IPSO Party tradition will continue, so there will be an IPSO Dinner Party on Friday evening, March 18, 2016 in "Grüner Salon" for people to meet, dine, dance and socialize.

Do not forget to register for the party, when registering for the EPF Conference, as there is a limited number of tickets!

Participation at the IPSO program requires registration for the EPF Conference, which you can do online:  $\underline{www.epf.fep.eu}$ . There you can also find the EPF program.

Then there will be an IPSO PROGRAM at the 76th Conference of the French Speaking Societies (CPLF) " Le moi inconscient" in Brussels from May 6-7, 2016.

During the conference there will be four clinical workshops with Robert Asséo (SPP Paris), Alain Gibeault (SPP Paris), Patrick Miller (SPRF Paris) and Renata Sgier (SSPsa Bern), where a candidate will present a case and treatment sessions followed by free associations of the group and the training analyst. All of the workshops will be in French. For further information, please visit the website of the Congress <a href="http://www.spp.asso.fr/wp/?p=10624">http://www.spp.asso.fr/wp/?p=10624</a> or contact the French IPSO Reps <a href="mailto:julia.alibert@gmail.com">julia.alibert@gmail.com</a>

Later in 2016, we will have the IPSO Colloquium with the topic "The Aim of all Life is Death - Debating the Death Drive Today" in Vienna, Austria from July 1-3, 2016.

And then, the **22nd European IPSO Meeting** will take place in **Geneva, Switzerland** with the topic **"To play or not to play"** from **September 30 - October 2, 2016.** 

We will keep you informed about these IPSO events in Europe and look forward to seeing you there!

**IMPORTANT**: As we would like to update our list of IPSO Representatives from each Society/ Institute, please send me an email introducing yourself so that we could be in touch (you can directly send an email to: <a href="mailto:nergisg@gmail.com">nergisg@gmail.com</a>).

I am looking forward to hearing from you soon.

Nergis Güleç

# **Latin America**





Dear IPSO members from all over the world,

busy with many events! Since the elections in Boston we started an international congress. Intimacy is the congress title, be the work in the region with a new team: Isabel Silveira (Brazil) is aware for the call for papers! the VP and Giuliana Rivera (Peru/Argentina) is the new VP-Elect. We are very excited to work in Latin America and happy for the old and new IPSO Reps which support the work and goals of IPSO. Without the help of the IPSO Reps we couldn't do our work as VP and VP-Elect so efficiently.



Soon we'll introduce each one on our Facebook page (please "like" us there and follow what is happening around the psychoanalytical world).

#### Brazilian Congress in São Paulo, October 2015

Brazil has 12 Psychoanalytic Societies and 4 Sponsoring Study Groups and all of them were together to discuss "Dream - Act. Representations and its limits" in the Brazilian Congress in São Paulo, last October. Besides the congress, the Brazilian Candidate's Association (ABC) did a great job in their own congress, where Isabel Silveira (VP for LA), Leonardo Sigueira (President-Elect) and Marielle Kellermann-Barbosa (IPSO Editor) were invited to talk about IPSO. We also had the great from our institute instead of any IPA training analyst? opportunity to have a toast and exchange ideas among Brazilian IPSO reps.

#### OCAL's Meeting and VIII Argentinian candidates meeting in Córdoba

### Latinoamerica, que Psicoanalisis? Versiones y subversiones

The event was held in the beautiful city of Cordoba, Argentina. The meeting was organized by OCAL (Candidate's Association in Latin America) and candidates from all over the country.

We had two days of hard work and interesting presentations from different colleagues, who brought papers and clinical material to enrich us with different opinions and different perspectives.

Giuliana Rivera attended the event and talked about IPSO invited by Patricia Infante, OCAL's president.

#### **IPA Program Committee Meeting**

The next IPA congress will be in Buenos Aires 2017, and the

IPA program committee is already working hard to prepare it. Isabel Silveira is part of this committee representing IPSO. IPA and IPSO are working together to have a successful congress The semester in Latin America has been very interesting and and this is a great opportunity to our members to participate in



FEPAL's Institutes Meeting, Rio de Janeiro, Brazil, November 2015

"Dogmatic and academic aspects infiltrating the training and training analysis" was the title of this important and interesting meeting. It took place in Rio de Janeiro in November. There were many institute directors, training analysts, candidates and IPSO Reps to discuss mainly the training analysis with two days of presentations and discussions.

What do you think about the following questions?

Is the training analysis different than a current analysis?

- What kind of interferences does the mandatory situation cause in transference?
- Is it necessary the category of the 'training analyst' or it should be done by any "full member"?
- Why do we have to choose the training analyst exclusively
- What about the supervisor?
- Is the 'training analyst' category for the rest of their lives or it should be evaluated from time to time?
- Prices in Latin America: the training is too expensive for some candidates.
- What about the number of sessions per week?

So, we hope to be in touch with all of you, IPSO members, and please contact the IPSO Representative in your Institute to have more information about the IPSO world.

Warmly,

Isabel Silveira and

Giuliana Rivera



## **North America**





Dear IPSOers!

who participated and contributed with enthusiasm and your \$30 annual dues, please do so as your membership thoughtful engagement in our successful 23rd IPSO dues provide for a myriad of unique learning opportunities Congress 'Becoming an Analyst in a Changing World: including: participation in international congresses and Theory & Technique - Diversity - Culture - Technology' in scientific meetings, Visiting Candidate Program, reduced conjunction with the 49th IPA Congress in Boston from subscription rate to both the International Journal of July 21-25! A special shout out goes to the countless Psychoanalysis (http://www.ipso-candidates.org.uk/ipso/ hours that our own Marco Posadas and the program Aboutus/ijp.aspx) and PEP Web, social functions and planning committee spent in organizing, collaborating and lifelong personal and professional relationships. contributing to the smooth running of the event, and the compelling working parties, panels and supervisions IPSO presented and hosted!



We send a warm thank you, to all our IPSO colleagues This is a gentle reminder that if you have not yet paid

IPSO Dues for 2016

### APsaA Congress IPSO Discussion Group: International Perspectives in Psychoanalysis

In January, 2016 during the APsaA winter meetings in NYC, we will have our yearly activity, the IPSO Discussion Group 'International Perspectives in Psychoanalysis'. During this session, Davide Rosso (Torino, Italy) will present "Encounter in a Soccer "Field" (A Case of a 12 Year Old Child), with discussants Marielle Kellermann Barbosa (Campinas, Brazil) and Carmen Cepeda (New York, NY), chaired by Kathryn McCormick (Seattle, WA). We look forward to a friendly collaborative environment as we facilitate a rich discussion of Dr. Rosso's work amongst our candidates from around the world. information, please http://www.apsa.org/ visit: content/2016-national-meeting-0

As is customary during our congress years, we bid farewell to our former IPSO ExCom members including the former VP of North America, Marco Posadas, whose position transferred to Kathryn McCormick with the election of Hanna Ratjen as VP- Elect of NA.



## **Treasurer**



The question that everybody puts to the treasurer is mostly this one: Do we have money? And so, how is the state of the finances?

Thanks to the work of the past ExCom we can say that our finances are in a solid and good standing way and a little bit increasing every year....this is good news!

The total net balance of the IPSO accounts was around 124.000 US Dollars by July 1, 2015 before the Boston Congress (which caused as in every IPSO Congress a lot of costs; please see also the minutes of the IPSO Business meeting you can find on the IPSO Website) and we now have a balance of more or less 80.000 US Dollars. The exact amount for the year 2015 is pending and expected by mid of January 2016.

However, there are two kinds of challenges we are faced with in the next time concerning IPSO's finances:

First, one of our goals is to increase the number of IPSO members. Only half of all IPA candidates are members of IPSO and increasing the number of IPSO members would mean an increase in incoming dues for IPSO, which we then could invest in more IPSO activities and projects. To this end we need to invest some money beforehand. We are looking and working on good ways to invest money to raise the interest in becoming an IPSO member and so to increase the number of IPSO members.

Secondly, another aim of ours is to improve the managing of the dues transfer and the updating of our membership database to have it as up-to-date as possible, which then can make sure that every IPSO member will be informed about IPSO activities and news more efficiently. One difficulty is that every candidate's organization, psychoanalytical Society/Institute, country and region has its very different way to collect and transfer the dues to IPSO, and as the treasurer, this requires a very flexible and individualized management of the dues transfer.

To work on these two challenges we want to intensify the collaboration with the IPA.

Hopefully, in the next Newsletter in June 2016, I can report about progress in the issues I mentioned.

I would like to thank all IPSO members and representatives who are involved in the collection of the yearly IPSO dues. This is sometimes a quite difficult and also time-consuming task. Whenever you have questions on the dues and dues collection please do not hesitate to contact me.

Davide Rosso

## **Editor**



It's is with great joy that I was elected as IPSO Editor at IPSO Business meeting at Boston Congress last July, I will be in this position for the next four years and I hope to contribute with IPSO as much as I can.

As the editor, I believe that my major task would be to improve communication among members and to spread the word among candidates that aren't members yet.

Another important task of the editor is to encourage the participation of the members to write papers and participate actively in all IPSO events around the world. For the last IPSO Conference in Boston, July 2015, we received more papers from members than we ever did it before, the discussions were rich and fruitful and the experience of meeting colleagues from all over the world built the sense of belonging to a global community.

In Boston, IPSO organized a panel with the editors of the International Journal of Psychoanalysis in order to discuss the strengths and weaknesses of a clinical paper in our field. Our goal was to bring specialists to talk to the colleagues; the discussion was interesting and productive.

The peers who won the IPSO Writing Award, besides getting the money award, presented in a special plenary during the congress and had their papers published in the IPSO Journal

Next January, the Executive Committee will meet in NY to discuss our plans for the next year. There are a lot of events that are being planned for the next year for all the three regions and we expect to have the opportunity to meet and share our experiences with you.

As we don't have the IPSO Conference next year, I hope to see you all again in Buenos Aires in 2017 at the next IPSO/IPA-Congress.

I'm available to talk to you about your doubts regarding IPSO whenever you need, please contact me: IPSO-Editor@ipso-candidates.org.uk

Best Regards,

Marielle

Marielle Kellermann IPSO Editor IPSO-Editor@ipso-candidates.org.uk

## Visiting Candidate Programme (VCP) and Cross Regional Study Groups (CRSG)



The Visiting Candidate Program (VCP) is an exchange program among candidates, in which one may travel to another Institute and watch seminars and have supervisions with no additional cost. It is a very good opportunity to get to know different cultures and different psychoanalytical traditions!

We would like to remind you all that you may find any additional information you need in the VCP Section of our website (<u>clicking here</u>), and also you may contact the President-Elect through the e-mail address below.

#### For VCP Applications:

General questions: Leonardo Sigueira, President-Elect

IPSO-presidentelect@ipso-candidates.org.uk

# Secretary



It is with mixed emotions that I write to you today. The past year was full of challenges and rewards. We worked really hard in the organisation of the bi-annual congress that took place in Boston during the last week in July and I am happy to report that the experience was a great success. There was a great response to the call for papers, having received a record number of proposals to present their paper.

If you haven't done it yet you can still access the winner papers for the Writing Award, they are available in our last journal that was published at the end of the summer in <u>our website</u>.

As some of you may know, I have recently been appointed as Events Manager at the IPA, this gave a turn into my role and it sadly means that I will not longer be working as IPSO Secretary from January 2016. We will write to you shortly to introduce the new Secretary, in the meantime you can use the <a href="IPSO-Mail@ipso-candidates.org.uk">IPSO-Mail@ipso-candidates.org.uk</a> address for any queries related to IPSO.

I would like to take this opportunity to express my sincere appreciation to former and current members of IPSO ExCom It has been an honour and pleasure to know and to work with you all. The friendships and experiences gained from you have taught me many things that I truly will never forget. I believe the positive attitude and hard working leadership, always thinking on different ideas to interconnect candidates within the psychoanalytic world is what makes IPSO such an enjoyable and interesting organisation.

With best wishes.

Karina

Karina Gutierrez IPSO Secretary IPSO-Mail@ipso-candidates.org.uk

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